

◆ BREAKFAST Menu ◆

BREAKFAST SELECTION @SEA CG 46,-

WHITE AND BROWN LOAF BREAD, CROISSANT, PASTRY, YOUNG AND OLD CHEESE, GAMMON, BUTTER, JAM, FRIED OR SCRAMBLED EGGS, FRESH FRUIT, YOGURT, GRANOLA, HONEY, FRESH ORANGE JUICE AND UNLIMITED COFFEE OR TEA

- PER INGREDIENT +CG 3,50: SMOKED SALMON, SERRANO HAM, NUT MIX

✓ FRIED EGGS CG 18,-

SERVED ON WHITE OR BROWN LOAF BREAD

- PER INGREDIENT +CG 2,-: CHEESE, BACON, HAM

✓ OMELETTE PLAIN CG 18,-

HAM & CHEESE CG 22,-

VEGGIES, HAM & CHEESE . . . CG 24,-

SERVED ON WHITE OR BROWN LOAF BREAD

- OPTION: CROISSANT INSTEAD OF LOAF BREAD +CG 4,50

BAGEL SMOKED SALMON CG 31,-

WITH RED ONION, AVOCADO, CAPERS AND CREAM CHEESE

✓ BAGEL CAPRESE CG 31,-

MOZZARELLA, PESTO, CHERRY TOMATO, NUT MIX AND BALSAMIC DRESSING

BAGEL SERRANO HAM CG 28,-

WITH CREAM CHEESE, ALMOND FLAKES AND ARUGULA

✓ PANINI HAM & CHEESE CG 16,-

WHITE OR BROWN GRILLED PISTOLET WITH HAM, CHEESE AND KETCHUP

✓ AREPA DI PAMPUNA CG 17,-

TWO LOCAL PUMPKIN PANCAKES WITH RAISINS AND SYRUP OR HONEY

✓ FRENCH TOAST CG 18,-

FROM SUGAR BREAD SERVED WITH SYRUP OR HONEY

✓ TWO CROISSANTS CG 17,-

SERVED WITH SCRAMBLED EGGS, JAM, CHEESE AND BUTTER

✓ AVOCADO TOAST PLATTER CG 35,-

THREE AVOCADO TOASTS: ONE WITH BEET HUMMUS, GOAT CHEESE, PECAN AND HONEY. ONE WITH MANGO SALSA AND ALMOND CRUNCH. AND ONE WITH SMOKED SALMON, CUCUMBER, NORI AIOLI AND SESAME

- CHOICE OF WHITE OR BROWN LOAF BREAD

HEAVEN IN A BOWL

☯✓ QUINOA SALAD CG 31,-

WITH SWEET POTATO, AVOCADO, SPRING ONION, BOILED EGG, CRISPY CHICKPEAS, BABY SPINACH AND NUT DRESSING

☯✓ CHIA BOWL COCONUT CG 26,-

CHIA, COCONUT, BANANA, BLUEBERRIES, AND PECAN

☯✓ CHIA BOWL TROPICAL GREEN CG 26,-

CHIA, ALMOND, SPINACH, KIWI, MANGO AND ORANGE

☯✓ FRUIT SALAD BOWL CG 19,-

MELON MIX, PINEAPPLE, GRAPE, APPLE AND BANANA

☯✓ YOGHURT BOWL CG 21,-

YOGURT WITH FRUIT SALAD, MUESLI AND HONEY

- ADD: NUT MIX +CG 3,50

FEELING FRUITY, GET A SMOOTHIE

☯✓ BERRY GOOD CG 23,-

BLUEBERRY, STRAWBERRY, RASPBERRY, SPINACH, BANANA, APPLE AND YOGHURT

☯✓ HEART BEET SMOOTHIE CG 22,-

BEET, CARROT, ORANGE, APPLE AND ROMAINE LETTUCE

☯✓ TROPICAL CG 23,-

PINEAPPLE, BANANA, ORANGE AND COCONUT MILK

De Heeren
@ sea

☯ GLUTEN FREE (AVAILABLE)

✓ (CAN BE REQUESTED) VEGETARIAN

WIFI: SCUBALODGE GUEST - PASSWORD: DIVING@SCUBA